

# GERIATRIC INPATIENT CARE

## ORTHOPEDIC MATTRESS



Padded mattress help protect their joints from pressure sores and also aide comfort and sleep for the patient increasing their healing time

## HEAT PADS



Heat not only helps to relax sore muscles but, also can help as a pain relief for sore areas. Especially the spinal muscles

## PROM



Passive Range of Motion (PROM) can be done every few hours to help maintain normal joint function and prevent them from 'seizing up'

## REGULAR WALKS



Old animals can have less control of motions and so need regular walks. Remember to chose flat, non-slip areas to walk them

## RAISED FEEDERS



Raised feeders help maintain better posture and prevent strain to the neck from bending down, especially with big dogs

## REGULAR MASSAGE



Regular massage helps to increase blood/lymph flow in the body. It also helps loosen up the muscles, ligaments & tendons. Important todo before/after exercise